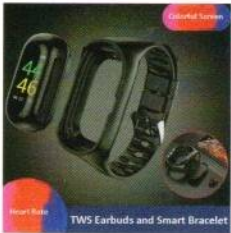


Introduction

1. Getting to know the smart bracelet and TWS earbuds 2 in 1



2. How to pair two earbuds

In case that two earbuds L and R are not paired when power on, then please follow the instructions to repair them:

Put both earbuds inside the charging case and close the case. Then open the case again and it will start to pair. (During this process, earbuds R and L will flash at the same time for a while. After they pair successfully, only one earbud pair flash. Attention: the operation must perform with two earbuds at the same time. BT name on smart device: M1

3. Product Features

Earbuds and smart bracelet are 2 in 1 design. Sleek body size, easy to use and take out. Quick way to wake up AI or Siri of your smart device.

4. Voice indicator during Pair Process

There is power on indication voice when being taken out from charging case.

Packing List

Smart bracelet×1 Charging cable×1 Gift box×1
TWS earbuds×2 User manual×1

5. Charging

Smart bracelet charge: Use the USB magnetic charging cable

Earbuds charge: put earbuds inside the charging case and it will automatically charge. It will stop charging when it is fully charged.

User Manual for the first time

1. Basic functions

- iPhone Siri
- TWS earbuds. Could use either one or dual earbuds at the same time
- Heart rate monitor
- Blood pressure monitor
- Pedometer, Distance, Calories
- Sleep monitor, sedentary alert and raise up wrist to wake up bracelet screen
- Whatsapp MSM push, incoming call alert, smart clock alarm, search smart bracelet
- Shake to selfi

2. APP Download

To search in APP Store Kikafit or scan the QR code following
The APP name is Kikafit



1. BLE Connection with Smart Device

1) BLE connection. Go to the APP settings >> Device >> Search and find the BT name of smart bracelet: AMKang. When connected, on the home menu of smart bracelet will indicate the BT connected icon. If not, it means not connected.

After smart bracelet is connected with smart device, time and date will syn with smart device.

2) After contacted for the first time, the smart device will automatically connect the smart bracelet when it is back to within its connection range

3) If you would like to connect with another smart bracelet, unbound it in the APP first.

Attention: the connection must be done in the APP, not in the BT connection of Settings of your smart device.

3. Attention Should Be Paid to when Connecting

- 1) Make sure your smart device BT is on
- 2) Make sure battery level is sufficient. Charge it when necessary.
- 3) Make sure it is within BT range of 50 cm
- 4) In case that you could not search the smart bracelet name in the APP, please check if your smart device allow access to connect BT AMKang
- 5) Make sure earbuds are taken out when connecting. If you could not find the BT name of the earbud M1, please put back into the charging case and take it out again.

BLE Main Functions

Note: To ensure that the data is accurate against your physical status quo, please fill in the true gender, height, weight and age information of wearer in the profile of the app.

A. On/Off

When the device is turned off, press touch key "▲" for 3 seconds to enter, and enter the time interface. After 5 seconds without operation, the device automatically goes off to standby.

Go to the device shutdown icon, click touch button "▲" to choose OFF option, and then press the touch button "▲" for 3 seconds to shut down.

B. Pedometer

Click the touch key "▲" on the main interface of the device to enter the motion interface, display the current number of steps, and automatically stop the screen after 5 seconds without operation.



C. Distance

Click the touch key "▲" on the main interface of the device to enter the motion interface, display the current distance, and automatically stop the screen after 5 seconds without operation.

D. Calories

Click the touch key "▲" on the main interface of the device to enter the motion interface, display the calories currently consumed, and automatically stop the screen after 5 seconds without operation.

E. Heart rate

Click the fourth touch key "▲" on the main interface of the device to enter the heart rate detection interface and start detection. After measuring the result, the real-time

heart rate value will be continuously measured and displayed. Regardless of whether the result is measured or not, the device will automatically off the screen after 60 seconds of cumulative test. The heart rate data measured will not be saved on the device but will be saved on APP.



F. Blood pressure

Click touch key "▲" on the main interface of the device to enter the blood pressure manual test interface and start the test. The time required to measure the result is different due to the user's physical condition. Please be patient.
During the test, the blood pressure is displayed as "—/—". If the blood pressure cannot be measured, it will be displayed as "xxx/xxx". Please check whether the sensor of the device is completely close to the skin. Please keep your body relaxed and still during the test. Regardless of whether the result is measured or not, the device automatically go to standby in 70 seconds. The blood pressure data measured will not be saved on the device but will be saved on APP.



G. Alarm clock

In the alarm setting interface of the APP, different alarms can be set.

H. Incoming message/calls reminder / push

When there is incoming message or calls, the device will vibrate and display the message content.

Note: Please enable the corresponding Application which you want to syn in the app first.

I. Sedentary reminder

This function needs to be turned on and set on the APP first. When the device detects that the wearer has reached the set value during the sitting or relatively stationary state, the vibration reminder is activated.

J. Remote to take selfi

Enter the camera interface through the APP, press the touch button "▲" or quickly shake the wrist, then smart phone will take photo.

K. To find the bracelet

In Kakaft app, there is a function to find the bracelet. Click on the button to find the

bracelet. The motion on the bracelet will last for 5 to 10 seconds.

L. Raise wrist to wake up screen

Time interface This function needs to be opened and set on the APP first. When the device detects that the wearer's action of raising the wrist, it will wake up the bracelet in 3 seconds.

Note: The device needs to be connected to the APP then the wrist display function is enabled.

BT Earbuds Function Instructions and Precautions

A. Earbuds connected with smart device

1. Earbuds pairing: Take earbuds out of charging case. There is power on indication voice and light. Search the BT name M1 in your smart device and connect it.

2. After the headset is successfully paired and put it back into the charging case, earbuds will disconnect with smart device. If the earbuds taken out from the charging case, they will automatically power on and automatically connect with smart device.

3. After the earbuds is successfully paired, if the phone is manually disconnected, you need to reconnect with the BT of the phone.

4. Earbuds pair: Firstly power off two earbuds and then long press both earbuds' touching panel for not less than 6 seconds. Release your hand off touching panel. Again power on two earbuds at the same time. Then both earbuds are paired. Before this process, better to disable BT of your smart device.

5. The touching panel is the area in the middle of the earbuds. It is used to answer incoming calls, reject incoming calls or wake up AI voice and Siri.

C. Answer/Hang up/Reject Phone calls.

When there is incoming calls with earbuds inside the charging case, take out the earbuds and will automatically connect to your phone and press touching panel by following instructions to answer/reject phone call. When there is incoming calls with earbuds outside and connected with smart device, you need to answer/reject phone call by press earbud touching panel.

Double-click the button to answer the call;

Double click again to hang up the phone;

Long press to reject the call;

During the call, once the earbuds are turned off or disconnected with your phone, then your phone speaker will be automatically take over to continue with that phone call.

When there is incoming calls with the earbuds inside the charging case, the smart bracelet will vibrate and alert on the display. Light press touching panel could mute it. Long press for 3 seconds to reject the phone call.

D. Voice assistant and call

When the headset is connected, 3 touch the touch button to activate the Siri of the iPhone or Android voice assistant. The Siri or Android voice assistant can be activated only when the phone is on standby menu or time main menu.

Attentions

Not to use adaptor with charging voltage > 5V and charging current > 3A to charge.

Charge time is 60 minutes.

2. Not charge when there is water

3. Not to use it under water, swimming, diving, taking a shower

4. Not waterproof. Avoid rain or water into this product

5. All data measured by this device is not for medical purpose.

6. Blood pressure monitor: keep body straight and relaxed. Keep smart bracelet at the height with your heart and no talking.

7. May lost or damage when in intense sport activities

FAQ

Q: How to handle if fail to upgrade firmware?

A: If fail to upgrade, connect AMKang again in the APP. Then it will remind to upgrade.

Q: Why the physical data is NOT for medical purpose?

A: It use sensor to monitor our body activities. It is consumer electronic product not a medical equipment.

Q: How to set APP access?

A: Android device-go to settings-APP Access Manager-AMKang

1. If your smart device install some APP manager, please allow AMKang to access your phone

Q: How to set time type

A: Syn your smart device and it will be same with your device's time type, 12 or 24

Q: I could not hear voice from earbuds when answer the phone?

A: There may be some deter during TWS earbuds. It may be as well to answer the phone when it ring for some time. If the call is answered by the phone, please check if use the phone or BT to answer the call.

Q: I could not hear voice when I am wearing earbuds?

A: Please make sure earbuds and smart device are within effective range and connected.

Main Specifications

Bracelet Chipset: MXD2657B

Heart Rate Sensor: Triaxial/HR53300

Bracelet Weight: 35g

Data Connection: BT 5.0

Battery Type: Li-Ithium

Bracelet Battery Capacity: 110mAh

Charging Voltage: 5V

Charging Current: 80mA

Working Temperature: -5~45℃

Waterproof: No

Compatible OS: Android 5.0 or above, Smart device BT 5.0/OS 8.0 or above